FABRICS are from the Freestyle collection and coordinating Toscana fabrics by Deborah Edwards for Northcott (northcott.net).
**Project: Yo-Yo Band**

**Materials**

**FOR ONE PILLOWCASE:**
- \( \frac{3}{8} \) yard solid (pillowcase band)
- \( \frac{3}{8} \) yard print (pillowcase body)
- 39—5" squares assorted prints (yo-yos)

**Finished pillowcase:** 30×20" (fits a standard-size bed pillow)

**Yardages and cutting instructions** are based on 42" of usable fabric width.

**Measurements** include \( \frac{1}{2} \)" seam allowance for pillowcase construction. Sew with right sides together unless otherwise stated.

**Cut Fabrics**

**From solid, cut:**
- 1—10\( \frac{1}{2} \)×40\( \frac{1}{2} \)" strip

**From print cut:**
- 1—25\( \frac{3}{4} \)×41" rectangle

**From assorted prints, cut:**
- 39—3\( \frac{1}{2} \)-diameter circles (or 39 of Circle Pattern, page 4)

**Assemble Pillowcase**

1. Using a \( \frac{1}{4} \)" seam allowance, join short edges of solid 10\( \frac{1}{2} \)×40\( \frac{1}{2} \)" strip to make a loop. Fold loop in half lengthwise with wrong side inside; press to make pillowcase band.

2. Fold print 25\( \frac{3}{4} \)×41" rectangle in half to form a 25\( \frac{3}{4} \)×20\( \frac{1}{2} \" rectangle. Using a \( \frac{1}{4} \)" seam allowance, sew together long edges and one set of short edges to make the pillowcase body. Turn right side out and press flat.

3. Matching raw edges and seams, slide pillowcase band over pillowcase body (Diagram 1); pin. Using a \( \frac{1}{4} \)" seam allowance, sew together through all layers.

4. Press pillowcase band open, pressing seam toward pillowcase body. Topstitch \( \frac{1}{4} \" from band edge to secure seam allowance and make pillowcase (Diagram 2).

**Assemble and Add Yo-Yos**

1. Thread a needle with matching or neutral thread and tie a knot about 6" from end. With an assorted print circle facedown, turn circle raw edge a scant \( \frac{1}{4} \" toward center. Take small, evenly spaced running stitches (see Running Stitch Diagram) near the folded edge to secure (Diagram 3). End stitching next to the starting point. Do not cut thread. Gently pull thread ends to gather the folded edge in the center (Diagram 4). Knot and trim thread to make a 1\( \frac{1}{2} \)-diameter yo-yo. Repeat to make 39 yo-yos total.

2. Lay out yo-yos on one side of pillowcase band in three rows of 13 each (Diagram 5). When pleased with the arrangement, join yo-yos in rows with a whipstitch (Diagram 6). Whipstitch rows together to make 4\( \frac{3}{4} \)×19\( \frac{1}{2} \" yo-yo rectangle.

3. Center yo-yo rectangle on pillowcase band top; pin in place. Whipstitch outer edges of yo-yo rectangle to band to complete pillowcase (Diagram 6).
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DIAGRAM 1

DIAGRAM 2

RUNNING STITCH

DIAGRAM 3

DIAGRAM 4

DIAGRAM 5

DIAGRAM 6